



Binding Adjustment Notice & Waiver and Release Form

Binding Adjustment Notice

North Bay Ski Racing Club (NBSRC) is no longer mounting bindings for its athletes. You are recommended to contact a ski shop or a ski service that specialize in mounting and/or adjusting binding, and who have full calibration services.

On occasion, racers request that a coach make binding adjustments on the hill. Because of liability issues, coaches will no longer make such adjustments unless the athlete and the athlete's parents/guardians have signed the attached waiver and release of liability, and returned the form to the ski club office.

Waiver and Release Form

The athlete and his or her parent(s)/guardian(s) signing this Waiver and Release recognize that skiing and ski racing are inherently risky activities, and that injury, including serious bodily injury or death, may result from participation in such activities, even when bindings and other equipment are properly adjusted for the circumstances.

Each person signing below further acknowledges that NBSRC coaches do not have binding calibration tools and are not certified binding technicians.

Therefore, each person signing below agrees and acknowledges that any adjustments made by NBSRC to the undersigned athlete's bindings are made at the athletes own request and risk.

By signing this waiver and release, the athlete's parent(s)/guardian(s) consent to any request made by the athlete signing below for binding adjustment by a NBSRC coach.

The athlete and parent(s)/guardian(s) signing below accept the risks involved, and hereby waive and release any claims they may have against NBSRC or its coaches, including claims of negligence, and release and indemnify NBSRC and its coaches for any claims made against them by any of the persons signing below.